



Welcome New 6A!

Using a little Ingenuity to get People interested!



[USA]

Don Pham

Don first found out about Kangen Water and the Enagic business model when it was recommended to him by a friend and watched a demonstration video on YouTube. After watching the video, he understood how great the 8 point system was and decided to join the Enagic team on the basis that he believed it was something he could achieve.

That was autumn 2015 and since then, he reached the coveted level of 6A in a very short period at the Global Convention held in July this year. Don says the key to his success is to get people interested and have them see how good the product is for themselves without pushing it on to them. Don's goal now is to help his friends under him achieve the level of 6A and to reach the level of 6A2-3 within the next two years himself.



Congratulations! 3 Branches reach July Goal! Branches reaching monthly goal

Vancouver, India, Brazil



Vancouver



India



Brazil



Congratulations for Reaching 6A! July 2016/ Our new 6A and above distributors

6A

- MARILYN MAZZER (Australia)
CARPE DIEM HEALTH (Canada)
HELEN BALILING (Canada)
TRAVIS LESLIE PROZNICK (Canada)
1080412 BC LTD (Canada)
THAO KIM THI TRAN (Canada)
HAI YIN CHEN (Canada)
ALFRED ZHAO (Canada)
SUNNY LEE (Canada)
MOHAMMAD PIRHAYATI (Canada)
M2K VENTURES (Canada)
MARY CAR ARIMAS (England)
PARTNERS FOR LIFE LTD (England)
LLOYD KNAPMAN LTD (England)
COMEDO LTD LEBOURG (France)
EDDIE (France)
LEUNG KIN SUN (HongKong)
WAN KAM YEUNG (HongKong)
K.Y.ENTERPRISES (HongKong)
L&V COMPANY (HongKong)
LI A NA (HongKong)
ZHANG SHAO QING (HongKong)

- MUHAMMAD IQBAL AQ (Indonesia)
CV. BEN HOKKY (Indonesia)
CV AFINA (Indonesia)
SISWANTO PRAPTOJO SE (Indonesia)
CHEONG YOON LIEN (Malaysia)
YING CHAO TRADING SDN BHD (Malaysia)
VITA PANAUQUA ENTERPRISE (Malaysia)
TENG SAY HAN (Malaysia)
YAP HUNG TEONG (Malaysia)
RUCHEL CHAN (Philippines)
TERESITA HERMOSILLA (Philippines)
ROMAN VILLARIVERA (Philippines)
FAITH YEO HUI LI (Singapore)
許澤威 (Taiwan)
RICARDO DATAN JR (USA)
DIRK ADAMS (USA)
SUTTON RACHEL RICKETSON (USA)
VANITY DO (USA)
THAO UYEN NGUYEN (USA)
WAN Q CHEN (USA)
NORMA BARRRETT (USA)
MARIA MARICH (USA)
CUONG MINH TRUONG (USA)
IMMEDIATE MASSIVE ACTION INC (USA)

- ALLAN PEREA RAMIREZ (USA)
APRIL D. STEWART (USA)
JOHN STESHETZ (USA)
MARIELENA BRAVO (USA)
LILLIAN A DEGUZMAN (USA)
SHOHREH JANFAZA (USA)
EDRIS A MAHMOUD (USA)
MONIQUE S WASHINGTON (USA)
ASHLEY UNG (USA)
JEFFREY J ROSE (USA)
宮平トネ子 (Japan)
LEA G. ARGUELLES (USA)
OLIVIA S. TRINQUAND (USA)
VANESSA YAP (Singapore)

- ARLENE O MEADE (USA)
GEMAR C DATAN (USA)
LY TRINH (USA)
CARLOS CAMACHO (USA)
D&G MULTI-SERVICES AND CONSULTING CORP (USA)
ABDOOL GHANIE (USA)
ERIC CARLSON CONSULTING INC (USA)
CYNTHIA CASTILLO (USA)
ANTONINA CONDINO (Philippines)
STACIE A LUCAS (USA)

6A2

- ELMER PALMARES/PARTNERS FOR LIFE LTD (England)
CV.KANG BADRI K.A.T (Indonesia)
YAP WEE JIE (Malaysia)
三栄運動器材有限公司 (Taiwan)

6A22

- HEALTH INVEST (USA)
KANGEN HSI (Ireland)
DANG T. NGUYEN (USA)
SAMOU DOUMBIA (USA)

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Global E Friends
Change Your Water, Change Your Life!

Vol.190 Sep.2016

Aim for social well-being! Let's Unify!

Family of Distributors Express Gratitude toward Enagic and Kangen Water.



John(6A) & Amanda(6A2) & Nicholas(6A) Lauer [USA]

This month's feature, the Lauers, reside in Appleton, a quiet city with a population of just under 100,000, located in the eastern portion of the state of Wisconsin, just west of Lake Michigan, which is one of the five Great Lakes of North America. This team of father, mother and son work together as a family to run their Enagic Business.

Their first encounter with Kangen Water was in 2009 after a "Make a Wish" trip with their daughter to London. Desperately searching for a treatment for the serious health problems their youngest daughter was suffering from at that time, the Lauers were given information on Kangen Water by an author that specialized in medical issues. In hopes of improving their daughter's health, they immediately bought a Leveluk unit and the whole family began to use it.

As they began to recognize the amazing power of Kangen Water,

they came to the belief that, spreading the 'Circle of Compassion' was how they, "wanted to pay it forward, for the blessings they had received from the water and the company... and make a difference in the world." The three members of the family, John and Amanda joined by their son, Nicholas, began to take an active part in the business.

Through the family's hard work, Amanda managed to climb up to the rank of 6A2, while both John and Nicholas were able to reach 6A. Their joy was apparent as they received certification during the Global Convention held in Las Vegas this July.

(Cont'd to P.5)



# Making its Way into the next Mega Market! Enagic India Grand Opening Ceremony

Hope is ever increasing in the land of India with its extensive market of 1.2 billion people and recent GDP growth rate averaging around 7%. In celebration of the official opening of Enagic India, a grand ceremony was held in the city of Bangalore, where the office is located. The venue was filled to capacity with roughly 450 people, demonstrating the level of anticipation India holds for the Enagic Business.

The event opened up with speeches by top distributors from around the world, who rushed to the ceremony to congratulate the local distributors and celebrate the establishment of Enagic India. When the party began, CEO Hironari Ohshiro made an appearance with Mrs. Ohshiro and passed on a heartfelt and promising message to the audience, "The nation of India is filled with great possibilities. Let's put our efforts together to promote Kangen Water so that 'true health' can be realized in this grand nation of emerging powers."

Following the speech, the new 6A (and above) distributors received their certificates by Mr. & Mrs. Ohshiro. With various kinds of entertaining performances, ranging from dance to percussions, the opening ceremony ended in a joyous atmosphere.



Mr. & Mrs. Ohshiro passionately convey their hopes for India.



An amazing dance performance entertains the audience.



The local distributors receive their new 6A (and above) certificates from Mr. & Mrs. Ohshiro. Above Pavan Kumar Ghanta (New 6A)



6A2

Samir Vasant Potdar

Rajan Ramakant Manjekar

6A

Somanhi Seshu Rathnam

Updesh Ravi Malik

Krishna Reddy Kedarti

Karshma Ramesh Gamanagatti

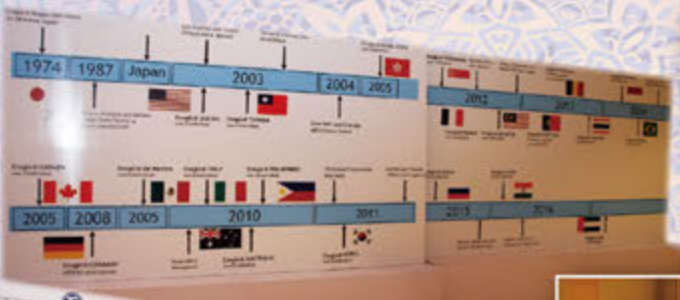
Surya Kumari Somanchi



The venue hall, filled with locals who rushed to attend the celebration.



The Party, in full Swing!



Panels of Enagic's timeline (upper) and company history placed around the venue.

Limited to Registered Enagic Members Only エナジック登録会員限定

# Save up E-points and Visit E8PA

Eポイントを貯めてE8PAの聖地へ!



## E8PA (Enagic 8 Prosperity Association) Card Information E8PAカードのご案内

### Amazing benefits for the E8PA cardholders!

- (1) When a card is purchased, the cardholder along with their upline 8-point distributors (who have also purchased a card) and 6A2 and above distributors will all receive E-points.
- (2) Cardholders can use the Enagic affiliated facilities (Enagic Sedake Country Club / Enagic Bowl Mihama / Enagic Natural Hot Spring Aroma / etc.) for free.
- (3) Cardholders can receive a discount when staying at E8PA Resort & Training Center. A discount rate of 20 - 100% is possible, depending on the type of card.

#### 【Other benefits and important information】

- ① E8PA card purchase is limited to registered distributors only.
- ② To apply for the purchase of an E8PA card, please contact the nearest branch office.
- ③ A commission is given for each card purchase.
- ④ Each card purchase is counted as one unit sale.
- ⑤ E-points are given to the distributor for purchasing a card.
- ⑥ E-points are given to card-holding distributors for each unit sale (Leveluk and Anespa) or sale of Ukon.
- ⑦ The E8PA card is valid for 1 year. (All accumulated points will expire after 1 year if the card is not renewed.)
- ⑧ E-points are valid for 3 years.

### E8PAカード購入者に素晴らしい特典を付与!

- (1) 購入者本人と上位のカード購入済みの8ポイント内の販売店、並びに6A2以上販売店にもEポイントを付与!
- (2) 購入者本人は沖縄県内のエナジック関連施設(エナジック瀬嵩カントリークラブ/エナジックボウル美浜/エナジック天然温泉アロマなど)を無料で使用可。
- (3) 購入者本人はE8PAリゾート&トレーニングセンターの宿泊施設が、カードの種類に応じ100~20%引きで使用可。

#### 【その他の特典と留意事項】

- ① E8PAカード購入者は販売店登録者に限ります。
- ② 購入申し込みは各支店に。
- ③ カード購入はコミッションが発生します。
- ④ カード購入は台数カウントされます。
- ⑤ カード購入販売店にはEポイントを付与。
- ⑥ カード購入販売店がマシン(レベラックとアネスパ)およびウコンを販売するとEポイントを付与。
- ⑦ カードの有効期限は1年間(更新しないとたまったEポイントは消滅)。
- ⑧ Eポイントの有効期限は3年間。



Enagic Sedake Country Club



Enagic Natural Hot Spring Aroma



Enagic Bowl Mihama

### Chart - Facility Pass Details

Card Type	Price
Black Card	US \$ 8,000
Platinum Card	US \$ 6,000
Gold Card	US \$ 4,000
Silver Card	US \$ 2,000
Bronze Card	US \$ 1,000

Contact: e8pa@enagic.co.jp

※For further details on the number of E-points given for each unit sale, please contact the nearest branch office.  
※売上台数区分の1台当たりEポイントの数字は各支店に問い合わせてください。

## This Is How I Reached 6A2-3! わたしはこうして6A2-3に達した!



### Do You Continuously Make an Effort to Spread the Word?

ジョーはいう「あなたは伝える努力をしているか？」

**Josue Andallo** ジョシュー・アンドロ  
[Canada/カナダ]



Joe, accompanied by his wife, Shirley, at the Global Convention. グローバルコンベンションには妻のシャレーとともに参加

Josue Andallo, known by many as "Kangen Joe," is originally from the Philippines and was introduced to Kangen Water nine years ago by a good friend. This friend took him to one of the first "Kangen Water Seminars" in Canada. During this time, Joe happened to be experiencing some health issues. Naturally, after learning about the benefits of Kangen Water at the seminar, he decided to purchase a Leveluk unit on July 23, 2007, which remains a memorable date for Joe. In the nine years since, he has been drinking Kangen Water every day, and has been able to maintain his health.

Leveluk, and also the thriving business opportunity which the company provides.

Through these efforts, he was able to reach the 6A2-3 rank in just over seven years. During this journey, his wife, Shirley, and first son, Joshua also became devoted distributors, working alongside Joe in promoting Enagic. So, what then, is the key to his success?

#### Aim for Success for the Entire Team!

The answer to the question of his success was, "I communicate with people everywhere, from bus stations, on trains and even people I meet on the streets. I invite them to join the demonstrations and share the information on Kangen Water." His success must be the direct result of his dedication and also his "strong ability to communicate with everyone."

As for his vision of the future, Joe confidently spoke, "My next goal is to reach 6A2-4. Also, I want to help my wife, Shirley, to reach her next level, 6A2-3, and Joshua to reach 6A2-2." Targeting the global market, he also added, "I want to support my team to grow globally and keep sharing the water to everyone."

#### Wife and Son Grow into Leading Distributors

Joe began to take an active part in the Enagic Business when he learned of the health benefits of Kangen Water and identified with Enagic's efforts in promoting it. Since then, he has been preaching the word of Kangen Water at seminars, training sessions and just about any other place he can find an audience.

Joe pays the utmost attention to helping people understand the impressive level of technology involved in Enagic's electrolyzed water generators, such as the

## The Journey to 6A2-3 No.11 新 6A2-3 の肖像



Joe, delightedly receives his 6A2-3 certification from Mr. & Mrs. Ohshiro at the Global Convention held in July. 7月のグローバルコンベンションで大城会長夫妻に「6A2-3」の認定を受け大喜ぶジョー

ジョシュー・アンドロはその名より「カンゲン・ジョー」という愛称でよく知られている。ここでも「ジョー」と呼ぶことにする。フィリピン出身のジョーは友人から9年前に還元水の存在を知らされた。さらに友人はカナダではまだ珍

しかった「還元水セミナー」に誘ってくれた。そこで学んだジョーは、健康問題を抱えていたこともあり、忘れもしない07年7月23日にレベラックを購入。以来9年間、彼は1日も欠かさず還元水を飲み続け健康を維持している。

#### 妻と長男もいまや有力販売店に育つ

還元水の効果効能を知ったジョーは、その普及をめざすエナジックに共鳴しビジネスに取り組みだした。以来、彼はセミナーやトレーニングをはじめ、さまざまな場を通じて多くの人たちに還元水情報を伝えてきた。

そういう場でジョーが心を砕いたのは、電解水生成器レベラックを作り出すエナジックの最高レベルのテクノロジーや

ビジネスチャンスの高い可能性を参加者にきちんと理解してもらうことだった。

こうして7年余を経て、ジョーは6A2-3に到達したのである。この間、妻のシャレーと長男のジョシューも熱心な販売店となり、ジョーとともにエナジックビジネスに取り組んできた。それにしてもこの成功をもたらした要因は何だったのか。

#### チーム全員の成功をめざして!

彼からはこんな答えが返ってきた。「わたしはバスの停留所や電車の中、また道端など、あらゆる場所で人に声をかけ、デモンストレーションに来てもらって還元水情報を伝えてきました。そういう熱意の結果なのでしょう。」

ジョーの成功はその「強いコミュニケーション能力」に

あるようだ。今後の目標についてはこう話している。「自分自身の6A2-4到達と妻の6A2-3到達、さらに長男を6A2-2にすることです」。加えて「チーム全員が成功できるようサポートし、グローバルに還元水を広めていきたい」と世界を視野に置いてカンゲン・ジョーは力強く語った。

### Realization of True Health 真の健康の実現

True Physical health 身体  
True Financial health 経済  
True Mental / Metaphysical health 心の健康

1 Bodily Constitution Kangen ① 体質の還元  
2 Fair & High Income Kangen ② 公平で高収益の還元  
3 Quick Return Kangen ③ リアルタイムのスピード還元

### Five Kinds of Kangen 5つの還元

4 Appreciation/Compassion Kangen ④ 感謝(情)の還元  
5 Societal Support Kangen ⑤ 地域社会への還元

## World Topics



### Indonesia Top distributor, Andhyka Sedyawan holds event for 3,000 people!

Over two days, from the 13th to the 14th August, Indonesia's leading distributor, Andhyka Sedyawan staged a huge event for 3,000 people in Jakarta. The name of the event was called "LIFE CELEBRATION DAY" and the purpose of the event to "inspire others to become a real champion in the Enagic business". Andhyka is a level 6A5-3 distributor leading the Enagic business in Indonesia and is also a doctor, appealing to those who attended the event to join him in improving both physical and economic health while also creating a healthy mind. The Enagic business in Indonesia is showing strong promise for future expansion.



### Japan Akitoshi Nakamura (6A7-6) launches seminars across North America!

Over approximately three weeks prior to the Global Convention in July, Akitoshi Nakamura, a level 6A7-6 distributor from Japan, launched seminars across North America. Nakamura started out in Toronto, Canada, moving on to Vancouver, then to the state of Alaska in the United States before traveling on to Los Angeles and finally reaching Las Vegas, the venue for the convention.

His key focus at each of these locations was to create appeal for the Leveluk machine equipped with Japan's advanced technology, the electrolyzed water it generates and the fantastic Enagic business model that aims to achieve the "Realization of True Health". Those that attended the seminars showed respect to the Level 6A7-6 distributor who had come all the way from Japan, hanging on his every word as they listened carefully to his presentation.



100 people packed into the venue in Toronto (To the left is Nakamura)

## GLOBAL FOCUS ON

cont. from P1/



[USA]  
**John(6A) & Amanda(6A2) & Nicholas(6A) Lauer**

(Cont'd from P1)

The Lauers feel a deep sense of gratitude toward Enagic, which has drastically changed their lives from being filled with difficulties, "since joining Enagic everything turned around positively," Amanda continued on to say that they are now able, "to enjoy life fully by having physical, financial and emotional health." When asked about her future goals, she replied that she is, "striving to be the best person, the best distributor and best leader," so she can help her family and the entire team to reach the top.



The Lauers, (from left) John, Amanda and Nicholas, receive 6A and 6A2 certification at the Las Vegas Global Convention

# From Okinawa to the World! The Success Story of Hironari Ohshiro

Chapter 12

Toshio Maehara

## Off to Tokyo through Mass Recruitment

I decided to get straight to the point. "What was Ohshiro like as a student?" "Well," said Hirayama, Ohshiro's old teacher, closing his eyes and choosing each word carefully. "It will take time to talk about Hironari. There's a lot to say. He often visited me at home, and he lodged with my aunt for a long time". He then listed a number of students with whom Hironari had been close. "We were more like friends", he said. "Hironari always tried his very best, he had a good heart". His eyes shone as he spoke; as if he had shared something of Ohshiro's compassionate nature, or perhaps of his struggle, and was pleased to see how the boy had turned out.

A person's expression can say much more than their words. It was clear that Hirayama's eyes were seeing far beyond the present, back half a century to the young boy he had taken under his wing. A boy who had done so well to leave his humble village and get to a school in the capital. A boy with whom he had shared meals and lodgings, a boy he had nurtured and inspired. To see how far he has come! Over the figure of Ohshiro, the successful businessman of today, Hirayama was layering his memories of Ohshiro, the boy of yesterday, with whom he had been so close. His eyes told me that he was still offering Ohshiro his support and still celebrating his student's success.

We finished lunch and wound up the interview, then got ready to leave. As we were about to part, Hirayama wrapped up the mochi rice cakes, an Okinawan specialty, left uneaten on the table. "Take these with you", he said. I had been so busy listening to him reminisce that I had forgotten all about the mochi—normally my favorite. I was struck by his kindness. The same kindness with which he had nurtured the young Ohshiro.

We said goodbye in the hotel lobby, but walked together to the exit. I reluctantly climbed into my taxi. Hirayama and his wife waited in front the hotel, waving me off until the taxi was out of sight.

Despite his interest in continuing his education, the financial situation of Ohshiro's family meant that it was a dream never to be realized. He gave up on the idea of going to university. It was 1960 when Ohshiro graduated from high school. It was Ohshiro's dream to go to the mainland, the capital, Tokyo City. At the time, there was one way of doing it that was much easier than any other. Mass recruitment. This was when groups of junior high school or high school graduates from Okinawa would be recruited, en masse, by a single company located on the mainland. Back then, there was still a considerable gap in the standard of living between Okinawa and mainland Japan; a distance symbolized by the ocean between them. Ohshiro had been determined to go to Tokyo, but his group of graduates was recruited by a company in Nagoya, on the west coast of Japan, around 220 miles from Tokyo. So he began to plot a way to get from Nagoya to Tokyo. At Naha port, clutching his suitcase, Ohshiro boarded a ship bound for Kagoshima, then disappeared below deck.

### ● Author's Profile

Born in Okinawa in 1941. Maehara graduated from Naha Commercial High School in 1960. After attending the University of Hawaii, he graduated with an MBA from the University of Southern California Graduate School and with an MA from the Fuller Theological Seminary. He is now actively working as a consultant at a Japanese firm and is also a minister. He is the advisor of Enagic USA. Other major works by the author: "The Rules of Business Taught by the Bible" / "Quenching the Thirst for Global Success"



"Quenching Thirst for Global Success"

Available in all Enagic branches or can be purchased online from <http://www.enagic.com>

# 沖縄から世界へ! サクセスストーリー 大城博成

第12回

前原利夫

## 集団就職で上京

筆者は恩師の平山良明師に「大城君はどんな生徒でしたか」と話の核心に迫った。「彼のことを語ることはとても時間がかかる」と目を閉じてぼつり、ぼつり語る。「博成は僕の間借り先によく出入りした。そして、僕の叔母の家で長いこと下宿した」。大城と親しくしていた当時の学生たちの名前を並べながら、「私たちは仲間のようだった」と。恩師は「博成は頑張り屋で心がけのいい青年だった」と続けた。この言葉に何か人の情けというか苦勞を共にし、満足しきった大城の恩師が映った。

人の表情は言葉数よりも多く語るものだ。恩師の目の向こうの奥に半世紀前の教え子の姿が浮かんでいることがよく伝わってきた。貧しい田舎から出て、よくここまで頑張ってきた。あの頃、一つ屋根の下で寝食を共にし、励ましたこの教え子がここまで成長した。今、大成した大城とかつて寝食を共にした教え子の博成の姿を重ねながら、恩師は彼に声援と祝福を贈るようであった。

私たちはランチと歓談をすませ、次のアポイントに向かう準備をした。帰りしな、恩師はランチのテーブルに残した沖縄産の餅数個を包んで「これを持っていくように」と手渡すのであった。私の好物で、話に満足して食べ残してしまった餅であった。恩師の優しさがジーンと伝わってきた。大城もこの優しさに育まれたのであろう。

平山師とはホテルのロビーで別れのあいさつをしたが、正面玄関まで来てくれた。私は後ろ髪を引かれる思いでタクシーに乗り込んだ。恩師と奥様はタクシーの姿が消えるまで私を見送ってくれた。

家庭の貧困は大城の向学心に應えることが出来ず、大学進学を断念し、高校を卒業したのは1960年だった。まず日本本土、とくに東京へ行くことが大城の「夢」であった。当時、沖縄からは本土へ渡る都合のいい道があった。集団就職だ。沖縄の中学校、高校卒業生が集団で一企業に雇われるという仕組みだ。当時の沖縄は日本本土と雲泥の格差があり、海で仕切っているような距離間であった。大城は東京行きを望んだが名古屋の会社に就職することになった。名古屋から東京へと腹の中で目論んでいたのだ。大城はスーツケースを抱えながら那覇港から鹿児島行き船に乗り込み、船室に姿を消していった。

### ● 著者紹介

1941年、沖縄県生まれ。60年に那覇商業高校卒業。その後、ハワイ大学を経て南カリフォルニア大で経営学修士、フラー神学校で神学修士をそれぞれ取得。日系企業のコンサルタントおよび牧師として活躍中。エナジックUSA顧問。主な著書:「聖書が語るビジネスの法則」「小さな島から世界を飲む!」



小さな島から世界を飲む!

「小さな島から世界を飲む!」エナジックの各支店または<http://www.enagic.com>で購入可

# Kangen Rice Steadily Growing in Chemical-free Paddy Full of Weeds

農薬不使用の雑草だらけの田でスクスク育つ還元米

The paddies of Kangen Rice cultivated by Ido Agriculture are located on the outskirts of Takamatsu City, Kagawa. Although this year's increased rainfall and lack of sun caused some unease among the local farmers, the high temperatures and humidity brought on by the end of the rainy season spurred on the growth of the rice plants, assisting in making up the leeway. This climate change not only boosted the growth of the rice plants but also the weeds in the paddies.



Chemical-free Paddy A (left) is abundant with weeds, while no weeds are found in Paddy B. 無農薬のため雑草(手前の部分)が生い茂るA田(左)と雑草が全く見られないB田

When observing Paddy B, in which agrochemicals are being used, weeds are nowhere to be found. On the other hand, Paddy A, using only electrolyzed water is abundant with weeds, as it does not contain any types of chemicals (weed killer). This can be considered more proof of the safety of electrolyzed water farming.

Also during this visit, I decided to pay closer attention to the stems and roots of the plants in each paddy. Around twenty stems were collected from Paddy A, while forty or so stems were collected from Paddy B, presenting a major difference between the paddies. Sparsely planted Paddy A does not require the use of chemicals, as its well-ventilated environment helps to control the spread of harmful insects. A further look into both paddies shows that the number of roots is greater in Paddy A than in Paddy B. Much more effort was needed to pull out the rice plants from Paddy A. Both facts provide evidence that the plants in Paddy A are firmly rooted, creating a strong foundation for the plants' growth.

When comparing the height of the plants in the paddies, the plants in Paddy B were found to be slightly taller. The growth of the plants in Paddy A were intentionally suppressed by suspending the irrigation process and draining out the paddy for a selected period of time in order to reduce damage caused by wind. If everything goes according to plan, the first harvest arrived in mid-August. The days when safe and worry-free Kangen Rice can be enjoyed at the dinner table is fast-approaching.

還元米を栽培中の井戸農産の水田は香川県高松市近郊にあるが、今年は雨が多く日照時間が少ないため、農家には心配の種だった。しかし梅雨が明け強い日差しと高温多湿の天候がやって来ると、いままでの遅れを取り戻すように稲穂の生育に拍車がかかってきた。しかしいいことばかりではない。水田の雑草も負けずと伸びていくからだ。

だが一般水田(B田とする)には全く雑草は見当たらず、稲だけがキレイに生長している。一方、電解水稲作の田(A田)は農薬(除草剤)を使用していないため、田にはかなりの雑草が茂っている。これは安全性の証明といえるだろう。

今回の取材ではとくに稲の「茎」と「根」に注目してみた。茎部分をチェックすると、今回A田で採取した茎は20数本、B田の茎

は40本前後だから大きな違いがある。つまりA田ではまばらに植えてあるため風通しが良くなり、虫の発生が抑えられて農薬を使わずに済むという。さらに根に注目すると、A田のほうがB田より根の量が多い。植物の生長の基礎である根がしっかりと張っている証拠だ。ちなみに、B田の稲を引き抜くよりA田の稲を引き抜くほうがより力が必要だった。

一方、稲の丈はB田のほうが多少高い。A田では一定期間、水を入れず田を涸らして丈の成長を抑制したためだ。これで風害などを軽減するという。いまの様子ではA田の第一回目の刈り入れは8月中旬。安心安全の還元米が食卓に上るまでもうすぐだ。



Weeds are entangled in the roots from Paddy A (above), while roots from Paddy B are free of weeds. A田の稲の根(上)には雑草が絡んでいるが、下のB田の稲の根にはない



25 stems were collected from Paddy A (above), all short in height, while the 41 stems collected from Paddy B were taller. 上のA田の稲の丈は短く茎は25本、B田の稲は長く茎は41本あった



## Try using acidic electrolyzed water to care for your hair after swimming at the beach or pool!

There is still no end to the hot days in Japan. Ultraviolet rays are at their peak during this season and can cause significant damage to your hair. People are still often heading to the pool or beach to escape the summer heat. The chlorine used in pools is also an enemy of your hair (><).

### ■ Hair becomes dry and brittle due to loss of moisture

After swimming at the beach, your hair is affected by the double action of the salt water and the strong ultraviolet rays, causing significant damage.

Due to osmotic pressure, it is easier for the moisture in your hair to be drawn out when you leave your hair wet with salt water and this can leave it dry and brittle. And then you have to battle with yet another enemy, humidity. Humidity helps to make your hair more alkaline.

### ■ Your hair should be kept in a mild acidic state!

When your hair becomes alkaline, the gaps in your cuticles expand and the moisture retaining elements and proteins drain out. Scary isn't it!

When your hair is in a mild acidic state, the cuticles are closed and stable. As a result, it is better to adopt a hair care regimen using a special treatment that closes the cuticles to retain moisture and maintains the hair in a mild acidic state.

### ■ This is where acidic electrolyzed water comes in!

Talking of acidity, if you have a Leveluk machine, try to be proactive in using acidic electrolyzed water (^.^). It will have the same effect as a special treatment. Using acidic water to wash your hair will leave it feeling very smooth. That's why it is ideal to maintain your hair in a mild acidic state.

Try to make a habit of washing your hair in acidic water and giving it the care it needs, particularly over this damaging season.

## 海やプールに入った後の髪の毛のケアには酸性電解水を!

日本はまだまだ暑い日が続いています。紫外線がキツイこの季節は、髪に与えるダメージが多いのだそうです。さらに、涼を求めて「プール」や「海」に行く機会もまだ多いですね。プールで使用されている塩素剤だって髪には大敵なのです(><)。

### ■ 水分が抜けバサバサの髪に

海水浴後なんて、海水で濡れた髪に加えて強烈な紫外線というダブル攻撃を受けるわけですから、髪へのダメージは相当なものになります。

海水でぬれた髪をそのままにしておくと、浸透圧の関係で髪の内部の水分が外

に出やすくなり、バサつきがひどくなるんですって。

それに、そもそも湿気は髪にとって超大敵。髪が「アルカリ性」になってしまうのだそうです。

### ■ 髪は弱酸性に保とう!

そうすると、キューティクルの隙間が広がってしまい、保湿因子やタンパク質が流出してしまうようなのです。怖い!

キューティクルがしっかりと閉じて安定している状態というのが「弱酸性」の時。そのためには、キューティクルを引き締めて水分を保持させ、髪の状態を「弱酸性」に保つ専用トリートメントを

使うのが髪の毛のケアによいのだから。

### ■ 酸性電解水の出番です!

酸性といえば、レベラックをお使いの方ならば、「酸性電解水」を積極的に利用しましょう(^.^)。専用トリートメントと同じような働きをしてくれますよ。

酸性電解水で洗髪をすると、とっても髪が滑らかになります。だから、髪の状態を「弱酸性」に保つのはぴったりなんです。

髪の傷みや暑い季節だからこそ、酸性電解水での洗髪とお手入れは、欠かせないようにしましょうね

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